

COMMUNITY CAR SCHEME for Abergavenny

Helping people to get out and about in
Monmouthshire

A Bridges Centre Initiative working with Community Connections Abergavenny





WHO IS IT FOR ?

The Car Scheme is for people who don't find it easy to use other means of transport

For example, this might be because

- they live somewhere that is isolated, difficult to get to or isn't near a bus route
- they have trouble walking and need an extra bit of support and patience. They may have a wheeler or other walking aids
- they have health or other problems which cause them to feel a bit vulnerable or limit their ability to get about

WHAT DO WE DO?

The aim of the Community Car Scheme is to provide a friendly, flexible system of transport for people living in Monmouthshire

Our volunteer drivers offer their time freely and use their own cars to help people to get out and about to medical appointments, social activities, shops and businesses, etc.

Volunteer drivers are DBS checked and required to provide two character references and attend induction training. They receive ongoing support and supervision from their coordinator.

A small fee is charged to cover the expenses (45p per mile and a 50p booking fee) and the passenger will be advised of the details at the time of booking.

We are a non profit making organisation and rely on donations and grants for funding.

WHAT DO WE WANT TO ACHIEVE?

These are our objectives:

- To enable local people to access and support local facilities such as shops and cafés
- To reduce social isolation by improving means of access to social activities and visits to friends and families
- To improve health and well-being by enabling people to attend medical appointments and by working closely with other support agencies
- To support other transport services by providing a link service where appropriate

HOW CAN YOU HELP THE CAR SCHEME?

- VOLUNTEERS DRIVERS- we need volunteer drivers who have their own car and a bit of spare time



- VOLUNTEER ADMIN STAFF-people who could help to coordinate the scheme by arranging trips and keeping information up to date

- FUNDRAISING- we rely entirely on donations and grants



ANY QUESTIONS?

Amanda Brake – Car Scheme Coordinator
(Abergavenny)

T: 07741 572 897

E: amanda.brake@befriendingmonmouthshire.org.uk